



Ronin Linton - 36

“ I have always been interested in fitness. I played several sports in high school, but never anything that I thought I would do in college. I just really had a love of working out, being fit, and learning everything I could about health and fitness. But what really sparked my interest was helping friends with their fitness goals. I realized that people could succeed with my advice and training. Before I knew it, I had a list of clients that I began training regularly. This career path started with just a passion for all things health. Now, I show up daily to help others reach their fitness goals. ”

Occupation:

Fitness Instructor

Salary:

\$34,028

Education:

High School Diploma
or Equivalent

Job Description:

Exercise Trainers and Group Fitness Instructors instruct or coach groups or individuals in exercise activities for the primary purpose of personal fitness. Demonstrate techniques and form, observe participants, and explain to them corrective measures necessary to improve their skills. Develop and implement individualized approaches to exercise.*



*Source: This information is based on O*NET™ data. O*NET is a trademark registered to the U.S. Department of Labor, Employment and Training Administration.

Job Description:

SOC Code: 39-9031

Top Job Skills:

- Customer service
- Fitness assessments
- Risk management
- Knowledge of anatomy
- General maintenance

General Work Activities:

- Mental Processes
 - Evaluate capabilities or training needs
 - Develop educational or training programs
- Interacting With Others
 - Explain regulations, policies, or procedures
 - Demonstrate activity techniques or equipment use
 - Administer first aid
 - Teach health or hygiene practices
 - Maintain supply or equipment inventories
 - Organize recreational activities or events
 - Promote products, services, or programs
- Work Output
 - Enforce rules or regulations
 - Perform basic equipment maintenance
 - Maintain client information or service records

Source: SC Works Online Services (SCWOS)

LEARN MORE WITH SCWOS:

SC Works Online Services (SCWOS) is the state's largest job database and provides all of South Carolina's job postings from all major sites, including Monster and Career Builder, in one resource. SCWOS has thousands of positions listed by employers all over the state. To access SCWOS, visit jobs.scworks.org.

Find in-depth breakdowns of occupational statistics such as necessary job certifications, job skills and abilities, current job openings, overview of general work activities, and more by visiting [O*NET.org](https://www.o*net.org).

JOB STATISTICS:



Typical Wage Range

\$29,310 - \$50,170



Projected Growth

981/yr Job Openings



Employed In-State

3,970



Required Education

High School Diploma or Equivalent



Work Experience

Typically Requires None



On-the-Job Training

Short-Term On-the-job Training

***Source:** Occupational Employment and Wage Statistics (OEWS) and the U.S. Bureau of Labor Statistics.

EXAMPLES OF WORKFORCE AREAS WITH JOB OPENINGS:

Source: SC Works Online Services. Ask an SC Works representative for more information about postings in your area.

- Catawba
- Trident
- Greenville
- Midlands
- Pee Dee
- Lowcountry

EXAMPLES OF EMPLOYERS WITH JOB OPENINGS:

Source: SC Works Online Services. Ask an SC Works representative for more information about postings in your area.

- YMCA of Upper Palmetto
- Gold's Gym International, Inc.
- 9Round Fitness
- McLeod Health
- OneLife Fitness
- Planet Fitness

RELATED OCCUPATIONS:

- Coaches and Scouts
- Exercise Physiologists
- Fitness and Wellness Coordinators
- Recreational Therapists
- Self-Enrichment Teachers
- Physical Therapist Aides

NOTE: All data based on state averages. Information may vary depending on region, experience, and specific employment situation. **Last Updated:** 2025.